



FACIAL PRE AND POST CARE INSTRUCTIONS AND WHAT TO EXPECT DURING YOUR APPOINTMENT

PRE CARE

DON'T: Wax within 24 hours of your appointment

DON'T: Spend time the day before in the sun

AVOID: Using exfoliating products

AVOID: Getting Botox or fillers at least for 2 weeks before your treatment

DON'T: Get eyelashes extensions

POST CARE

It is not uncommon to experience dryness, flaky skin, or discoloration. Your skin is healing from your treatment. Don't stress!! This is normal. What you will be left with a beautiful glowing skin.

For the next 48 hours avoid the following:

AVOID: Visit steam room or sauna

DON'T: Get a massage

DON'T: Touch your face

STAY: Out of the sun

WEAR: Sunscreen every 2 hours daily

CLEANSE: And moisturize with prescribed products

DON'T: Pick

TRY: Not to apply makeup

DON'T: Use at home peels Retin A or Renova

AVOID: Working out

CHANGE: Your pillow cases wipe down cellphone and anything that touches your face

